

Breakfast · Served Daily

Most items can be prepared gluten-free with GF bread (+\$2) · Groups of 6+: 20% gratuity

Homemade Granola		\$16
Fruit and plain yogurt, coffee or tea		
Gluten Free		
Continental Breakfast		\$16
Fresh fruit, homemade muffin or croissant, coffee or tea		
Quinoa Bread French Toast		\$21
Rosehip syrup and berries		
Can be GF		
2 Eggs Any Style		\$21
With sausage (+\$1), bacon, or avocado · Rosti hash browns · Choice of toast		
Can be GF		
Bacon, Cheddar & Mushroom Omelette		\$22
Hash browns and toast		
Can be GF		
Tomato, Spinach, Onion & Feta Omelette		\$22
Hash browns and toast		
Can be GF		
Eggs Benedict		\$25
Traditional — back bacon and rosti hash browns		
Can be GF		
Vegetarian Eggs Benedict		\$25
Tomato, avocado and rosti hash browns		
Can be GF		
Smoked Salmon & Dill Eggs Benedict		\$26
Rosti hash browns		
Can be GF		

Breakfast Beverages

Coffee or Tea	\$3.50	Cappuccino, Latte, London Fog	\$5
Oat or Almond Milk substitute	+\$0.50	Hot Chocolate with Whip	\$5
Espresso, Americano	\$4	Extra Shot of Espresso	\$0.75
Juice (Orange, Cranberry, Pineapple, Apple, Grapefruit)	\$5.50		

Starters

Roasted Vegetable Pakoras	\$23
Deep-fried chickpea batter dumpling with tandoori yogurt	
Gluten Free	

Ginger Chicken Spring Rolls	\$24
Sweet and sour sauce and miso julienne salad	
Mushroom Risotto Cake	\$23
Miso glaze and greens	
Gluten Free	
Tortilla Chips with Salsa & Sour Cream	Sm \$7 / Lg \$11
Roasted Garlic Flatbread with Tandoori Yogurt	\$14

Soups & Salads

Homemade Soup of the Day	\$14 bowl / \$8 cup
Small Salad	\$8
Mixed House Greens	\$16
Tomato, beets, sliced almonds, raspberry poppy seed dressing	
Gluten Free	
Caesar Salad	\$23
Artisan full-leaf, bacon, parmesan, croutons, homemade dressing	
Gluten Free	
Roasted Duck Salad	\$30
Greens, goat cheese, glazed pecans, beets, pomegranate vinaigrette	
Gluten Free	
Beef Short Rib Salad	\$30
Mixed greens, cashews, pineapple, beets, balsamic malt vinaigrette	
Pan Seared Mango Salsa Prawn Salad	\$30
Greens, sliced almonds, beets, miso vinaigrette	
Gluten Free	
Tandoori Chicken Salad	\$30
Mixed greens, beets, tandoori chickpeas, coconut and banana raita dressing	
Gluten Free	

Pizzas · Made in-house, baked 10" crust

Vegetarian	\$25
Caramelized onions, roasted red peppers, mozza, sun-dried tomato, mushrooms, goat cheese	
BBQ Chicken and Cilantro	\$25
Caramelized onions, mozzarella	
Mountain Hawaiian	\$25
Bacon, pineapple, mozzarella	
Island Special	\$28
Pesto, goat cheese, prosciutto, kalamata olives, roasted red peppers, onions, mozzarella	

Pasta · Made in-house, served with garlic toast

GF rice noodles available · GF garlic toast +\$4 · Anything deep-fried is cross-contaminated

Vegetable Fettuccini	\$29
Sun-dried tomato pesto, parmesan, sauteed vegetables and mushrooms GF option available	
Black Pepper Fettuccini	\$30
Chicken, spinach, tomato, parmesan, garlic white wine cream sauce GF option available	
Lamb Meatball Fettuccini	\$30
Sun-dried tomato sauce, parmesan, roasted red peppers, caramelized onions	

Sandwiches & Burgers

Served with fries, daily soup, or house salad · Yam fries +\$3 · Caesar +\$1 · Gravy +\$3

Falafel Wrap	\$26
Lettuce, salsa, feta cheese and tandoori yogurt Gluten Free	
Mozzarella & Grape Quesadilla	\$25
Caramelized onions, roasted red peppers, malt balsamic, guacamole and sour cream Gluten Free	
Ciabatta Club	\$26
Bacon, turkey, cheddar, tomato, onions, lettuce and mayo Gluten Free	
Jamaican Jerk Chicken Sandwich	\$28
Guacamole, tomato, onion, mozza, lettuce and jerk mayo Gluten Free	
Island Burger	\$25
Homemade charbroiled patty, bacon, cheddar, caramelized onions, tomato, lettuce, mayo, pickle	
Aussie Burger!	\$28
Island Burger with pineapple, beets and a fried egg	
Rocky Mountain Bison Burger	\$29
Bacon, cheddar, onion, tomato, lettuce, mayo, pickle	
Steak Sandwich	\$31
Caramelized onions and sauteed mushrooms Gluten Free	
Plate of Fries	\$6

Entrees · Available after 5pm

Mushroom Risotto Cakes	\$31
Miso glaze over jasmine rice and julienne vegetables Gluten Free	
Cashew Chicken	\$37
Stir-fried in homemade spicy hoisin sauce, over rice and julienne vegetables	
Pork Ribs	\$37
Slow braised with Island BBQ sauce, rosti potatoes and roasted vegetables	

Gluten Free

Geschnetzeltes \$41

Sliced bison in creamy mushroom brandy sauce, rosti potatoes and roasted vegetables

Gluten Free

Elk Rissole \$42

Ground elk stuffed with cambozola cheese, spaetzle, roasted vegetables and thyme mushroom cream sauce

Braised Asian Short Ribs \$43

Julienne vegetables with rich mushroom soy sauce, served over jasmine rice

Gluten Free

Round of Beers for the Kitchen Staff \$16

Desserts

Creme Brulee \$14

Gluten Free

Chocolatissimo \$14

Layered chocolate mousse cake

Bread Pudding \$14

Served with ice cream

Kids Menu

Grilled Cheese \$14

With fries, soup or salad

Chicken Fingers \$18

With fries, soup or salad · Add sweet chilli or plum sauce +\$3

Pasta \$12

Butter and parmesan or tomato sauce

Cheese Pizza \$11 / \$16

6" small / 10" large

Pepperoni Pizza \$14 / \$18

6" small / 10" large

Small Ice Cream \$7

Kids Drinks

Plate of Fries \$6 Cup of Soup \$8

Shirley Temple \$5 Juice / Milk / Chocolate Milk \$4-\$5

Fountain Drinks \$4 Hot Chocolate \$4-\$5

Mexican Madness · Mondays & Tuesdays · Lunch & Dinner

Everything except fish tacos and tortilla soup can be prepared GF for an additional \$3

Spicy Tortilla Soup	\$13
Smoked turkey, flour tortillas, onions, red peppers and mushrooms · Not gluten-free	
Pulled Pork Enchiladas	\$25
2 enchiladas with salsa, guacamole, sour cream, cheese and enchilada sauce, rice and black beans	
Beef Enchiladas	\$25
2 enchiladas with salsa, guacamole, sour cream, cheese and enchilada sauce, rice and black beans	
Roast Vegetable, Bean & Cheese Burrito	\$24
Topped with cheese, salsa, guacamole and sour cream, side of rice	
Fish Tacos	\$25
2 warm soft flour tortillas with beer-battered fish, shredded lettuce, guacamole, sour cream and salsa, rice and black beans · Not available GF	

Prices do not include tax or gratuities · Groups of 6 or more: 20% gratuity added · GF = Gluten Free option available · Ask your server about daily specials